



The Mark Scott Leadership for Life Award - Course Programme

This Course Programme sets out what The Outward Bound Trust and The Mark Scott Foundation are going to do and what is expected of you. This document will form the terms and conditions governing the legal relationship between us. Read it and digest it. If you accept the terms and conditions, you and your parent/guardian should complete the last page and return it.

Who is involved?

You	→	provided that you accept the terms and conditions
The Outward Bound Trust	→	who provide the services set out below
The Mark Scott Foundation	→	who provide up to £1,300 of funding to enable you to participate in the programme

1. The Outward Bound® Residential Course

The course lasts for 5 days and is very intensive in nature; you will not have a lot of “free time”. Through a range of outdoor activities you will develop skills in the following areas: teamwork; project management; problem solving; personal awareness, interacting with others; and presenting yourself to society. In addition to the outdoor activities there will be sessions where you will be expected to review what you have done and develop action plans for other activities and your community project.

2. Project selection, planning and delivery

You will be a member of a team of about six participants from your local area. The team will select a community project that reflects local needs and will have an impact on the people in your area. Projects will be carried out by the teams and will normally run for a four to six-month period. The initial phase of each project will be developing a plan setting out the goals, activities, timescales, roles and responsibilities and any financial aspects. The team is responsible for planning and delivering the community project and for covering any cost. Fundraising is an important part of the course. Teams are accountable to The Mark Scott Foundation and to The Outward Bound Trust for the successful completion of the community project, which must be completed as a condition for the Award. Support will be provided at the local level through an Outward Bound® instructor and a school representative.

3. The Mark Scott Leadership for Life Award

Your performance on the programme will be monitored continuously. A record of activities and learning is required as an integral part of the programme. You will maintain your own record/log, with guidance from the programme support staff. Your learning log and the views of instructors and support staff will be considered when deciding if you have successfully completed the programme. If you do, you will be presented with The Mark Scott Leadership for Life Award. Before deciding whether to make any award, the Mark Scott Foundation will consult The Outward Bound Trust and will consider any relevant report from the Outward Bound® instructor. The Mark Scott Foundation's decision on whether to make any award will be final and they are not required to provide reasons for their decision.

4. Cost of the Programme and Funding Sources

The total cost of the programme per participant is approximately £1300. The major part of this cost is met by a grant awarded to you by The Mark Scott Foundation. By signing this form you agree that The Mark Scott Foundation may make payment of the grant to The Outward Bound Trust on your behalf. Other contributions to the cost of your participation in the programme are made by The Outward Bound Trust and other charitable and corporate sponsors. You should consider that by accepting a place on the programme a significant amount of money is being invested in you. If you stop participating at in the programme at any time you will have denied another young person the opportunity to participate and benefit from the programme.

5. Out of pocket expenses

Neither The Mark Scott Foundation nor The Outward Bound Trust provides out of pocket expenses. You will be required to pay for your own travel costs to complete the needs of the Community Project and for your travel to and from Outward Bound® Loch Eil, near Fort William. All outdoor equipment and clothing, food and instruction is provided for the Outward Bound® course and a list of other clothing which you will need will be provided to you by The Outward Bound Trust.

6. Exclusion

The Outward Bound Trust reserves the right at any time to exclude you from a course if it considers that you are not compatible with the general well being of the centre's community. The Outward Bound Trust reserves the right to cancel or alter any course dates, programmes and fees without notice. If this happens The Outward Bound Trust will try to offer you an appropriate alternative.

7. Health

Whilst at the centre you must expect to be involved in adventurous and sometimes strenuous activities. The Outward Bound Trust uses appropriate safety procedures. You are required to be of average health (no previous training or experience is required, but you should be willing to become involved in all aspects of the programme). Before the start of the course you must complete, sign and return an enrolment and medical form. All prior injuries or serious illnesses must be declared. The Outward

Bound Trust does not accept any responsibility for any ailment or loss resulting from an undeclared injury or illness. If you have been in contact with infectious diseases you cannot attend the Outward Bound® centre within the normal quarantine period. Any specific queries concerning health or safety should be directed to the Head of Centre at the appropriate Outward Bound® centre.

8. Travel Insurance

The Outward Bound Trust provides comprehensive course and travel insurance cover in relation to the residential element of the Award only. This cover includes cancellation, personal accident, medical expenses, personal belongings, money and personal liability. A summary of the cover is available on The Outward Bound Trust's website at www.outwardbound.org.uk.

9. Public and Employer Liability Insurance

The Outward Bound Trust will have in force at all times Public and Employer Liability Insurance cover and full details are available on request.

10. Training Regulations and Requirements

Whilst undergoing training you must comply with Outward Bound®'s safety procedures and disciplinary regulations which will be explained to you.

11. Health and Safety at Work Etc. Act 1974

The Outward Bound Trust will make available upon request information on its services to ensure that as far as is reasonably practicable they are safe and without risk to health when properly used. It is your responsibility to ensure that you do not behave in a way which might injure or damage you or any other person.

12. The Mark Scott Foundation

The Trustees of the Foundation hope that you will take part in the programme and that you will find it to be a stimulating experience. The programme has been designed to provide you with skills to help you develop your own talents. As The Outward Bound Trust will provide the services outlined above, The Mark Scott Foundation and its Trustees will have no liability to you for any injury, loss or damage which you may sustain arising out of or in connection with your participation in the programme.

The Mark Scott Leadership for Life Award

The Mark Scott Foundation & The Outward Bound Trust

Acceptance of Course Programme

- I confirm that I wish to participate in the Programme.
- I acknowledge and accept that The Outward Bound Trust will provide the services outlined in the Course Programme.
- I accept the discretion of The Mark Scott Foundation in deciding whether to award me the Mark Scott Leadership for Life Award.
- I accept that changes may require to be made to any part of the Course Programme.
- I accept the terms and conditions contained in the Course Programme.

..... Signed (you the Participant)

..... Date

..... School

On behalf of (Please print) I as Parent/Guardian accept the terms and conditions contained in the Course Programme.

..... Signed (The Parent/Guardian)

..... Date

..... (Please print Parent/Guardian's name)